

## **The MODEM – Master Of DEcision Making**

**Developed & facilitated by:** Yehuda Hamovitz

### **General:**

The person behind the decision. A manager with low self-esteem tends to take conservative decisions, avoid risks, delay answers, goes for the least and sees the world through avoiding failures. The manager with high enough self-esteem fills free to dare, try new and creative decisions looks at the world through success.

### **Training objectives:**

Better decision making leads to improvement in the quality of our life whether personal or professional. In this workshop, we will make the journey bringing us there.

### **Main topics:**

1. Me – the one that takes the decision.
2. Others – the influential environment in which the decision is taken.
3. Decisions – improved personal attitude toward a good decision.
4. Emotion – understanding and manipulating the emotions involved.
5. Mistakes – how to avoid mistakes in decision taking.

**Length of training:** 2 days, 09:00-17:00

**Target audience:** CxOs, EDs, Senior managers, decision takers .

**Max. No. of participant:** 15-18

### **Training methods:**

1. Simulations.
2. Group dynamics and discussion.
3. Personal and team exercises.
4. Knowledge transfer.

### **Additional information or remarks:**

The workshop is highly interactive and involves the participants with a variety of personal and team exercises leading for a deep purifying understanding of "me" as a decision taker.